

Sewing Course Projects

In this course you will learn to sew 12 different projects. We will take you step-by-step through each one, introducing new skills as you go. As you progress, the skills you learn will be reinforced.

The projects are sequenced with the simpler ones at the beginning and more advanced techniques and skills as you continue. The first project will get you started sewing straight seams on a lined Tissue Holder. By the time you have completed the twelfth project – the Apron – you will be ready to begin to sew garments!

After you finish each project, it is a good idea to sew more of that item. Repetition and short intervals between sewing sessions will bring you closer to your goal of developing good sewing skills.

Remember: Practice, practice, practice!

Review this video: <u>Introducing the Projects</u>

Watch the next video: Notions & Fabrics



The Twelve Projects

- 1 Lined Tissue Holder
- 2 Shoe Bag
- 3 Gift Bag with a Contrasting Lining
- 4 Bag Caddie
- 5 Basic Double Drawstring Bag
- 6 Lined Drawstring Bag
- 7 Basic Pillowcase
- 8 Pillowcase with Contrast Band & Trim
- 9 Tote Bag
- 10 Flange Pillow
- 11 Lined Bread Cloth
- 12 Lined Apron



Questions about Sewing?

Submit any questions for Cindy or Crissa in the Q&A section on the course homepage or post it to our blog at www.sustainlife.org/blog/category/sewing/

Sewing Suppliers

Simply Fabrics

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Additional Videos

Beginning Sewing

- Introduction to Sewing
- Notions & Fabrics
- The Sewing Machine
- Cutting Methods
- Foundational Practice Sampler

Project Videos

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