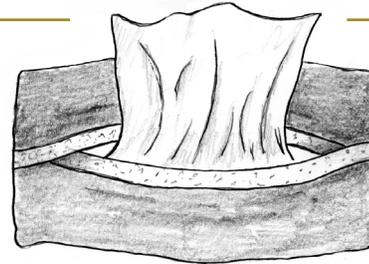




# Tissue Holder

## Introduction

Lined tissue holders are a fun, fast beginner project. You can choose all kinds of fabrics and have fun coordinating 2 different fabrics together. They make great gifts or nice little stocking stuffers. And they will help build your sewing skills with each seam you sew.



## Tools, Supplies & Materials

### Tools & Equipment

- Sewing machine
- Steam iron & ironing board
- Rotary Cutter\*, cutting mat\* & rotary cutting ruler\*
- Straight pins
- 4" Sewing scissors\*
- Marking pencil or chalk marker\*
- Point turner

### Fabric & Notions

Use light- to medium-weight cotton fabric for both the holder and the contrasting lining.

- 6" x 6 1/2" piece of light- to medium-weight cotton
- 6" x 8" piece of 100% cotton fabric to coordinate with the outer fabric for lining and accent
- Thread to match fabric

-  Right side of outer fabric
-  Wrong side of outer fabric
-  Right side of lining fabric

## Instructions

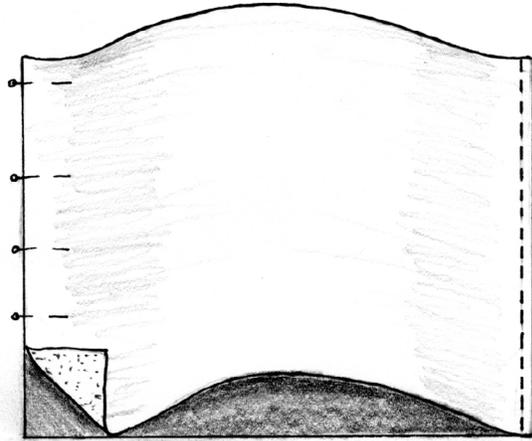
### Cutting Out

Use a [rotary cutting system](#) or make a paper pattern to cut the rectangles of fabric.

**Note:** Trim the selvage off the fabric before cutting out your projects. It washes and shrinks differently than the rest of the fabric.

- Cut a 6" x 8" piece of lining fabric. In this project, the larger piece will be the lining.
- Cut a piece 6" x 6 1/2" piece of the main, outer fabric.

\* See Sewing Suppliers List at end of document.



### Sewing

- Place the fabrics right sides together. Pin along one of the 6" edges. The lining layer will be 1 1/2" longer than the outer fabric.
- Pin the other 6" edge. Notice the fullness in the lining piece.
- Sew with a 3/8" seam on both pinned edges.

#### Good Sewing Habit Reminder

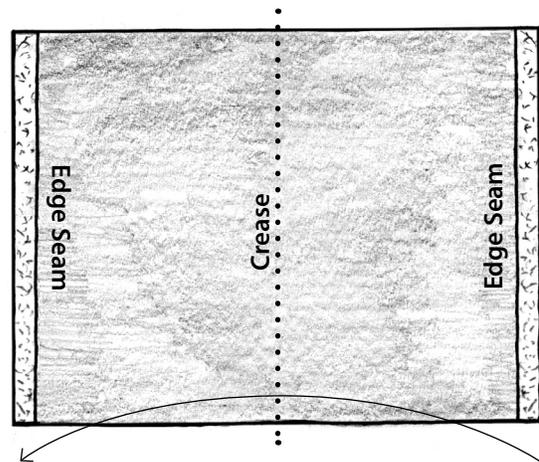
Be sure to continue to develop the following habits as you sew.

- Hold the threads at the beginning so they won't be pulled down into the machine.
- Sew right up to the pins to prevent the fabric from shifting but pull them out before sewing over them.
- Backstitch at the beginning and end of each seam.
- Clip off the threads at the top and bottom each time you finish a seam.
- Raise the take-up lever to the up position at the end of each seam.

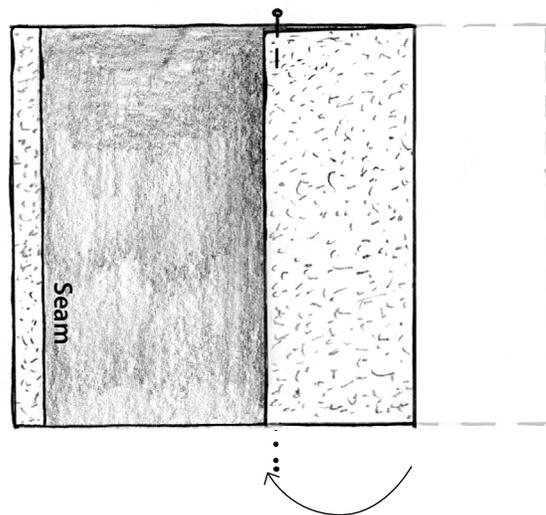
- Turn right side out. The lining will roll around to the front on each side to form an accent trim. Center the *outer* fabric right side up with the lining showing on each side about 3/8". Press flat.

**Pressing Tip:** Press carefully. The lining strips should be as even and straight as possible.

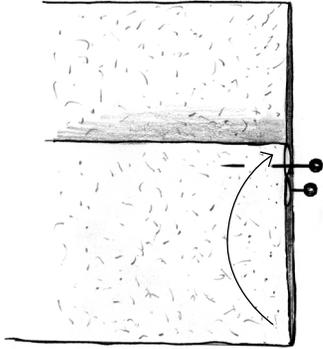
- Find the center of the tissue holder by folding it in half (outer fabric up) with the finished edges aligned. Mark the center by pressing in a light crease.



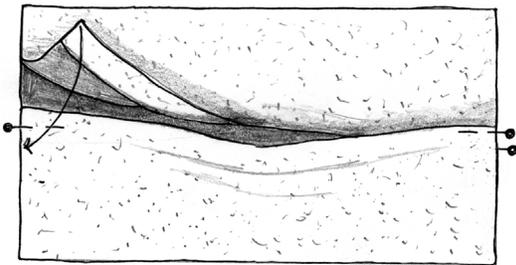
- Open it flat again, with the right side of the *outer* fabric facing up. Refold one finished side toward the crease. Line up the *seam* with the crease. Pin in place.



- Fold the other finished side over and overlap it so that this seam on the second side also lies over the crease at the center. Pin the layers together.



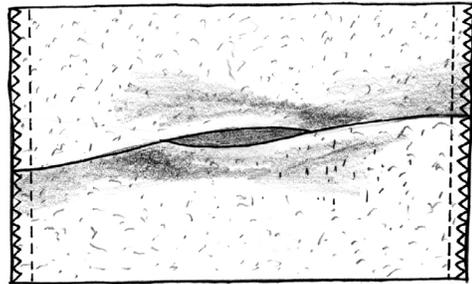
- On the other unfinished edge, pin in the same way, only *reverse* the side that lies on top so that the finished edges overlap with a twist.



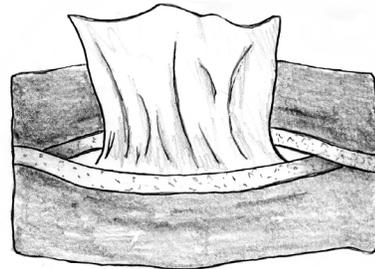
- Sew a  $\frac{3}{8}$ " seam on one end. Without pulling the tissue holder away from the machine, lift the presser foot, flip the tissue holder over, set the machine to a zigzag stitch and zigzag the raw edge to finish the seam.

- Repeat this for the other end.
- Trim any frayed threads.

**Reminder:** As you zigzag, stitch along the edge so that the zig will be on the fabric and the zag will be off.



- Turn the tissue holder right side out and carefully poke out the corners.



Slip in a package of tissues and your tissue holder is complete. You can either purchase a small tissue pack or fold up several individual tissues and insert them in the holder.

Review this video: [Project 1: Tissue Holder](#)

Watch the next video: [Project 2: Shoe Bag](#)

## Questions about Sewing?

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Submit any questions for Crissa in the Q&A section on the course homepage or post it to our blog at [www.sustainlife.org/blog/category/sewing/](http://www.sustainlife.org/blog/category/sewing/)

## Sewing Suppliers

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### Simply Fabrics

6408 Gholson Road  
Waco, Texas 76705  
254.829.7119  
[info@simplyfabrics.com](mailto:info@simplyfabrics.com)

## Additional Videos

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### Beginning Sewing

- [Introduction to Sewing](#)
- [Introducing the Projects](#)
- [Notions & Fabrics](#)
- [Sewing Machine](#)
- [Cutting Methods](#)
- [Foundational Sewing Practice](#)

### Project Videos

- [2 Shoe Bag](#)
- [3 Gift Bag](#)
- [4 Double Drawstring Bag](#)
- [5 Bag Caddie](#)
- [6 Bread Cloth](#)
- [7 Basic Pillowcase](#)
- [8 Lined Drawstring Bag](#)
- [9 Pillowcase with Contrasting Band](#)
- [10 Flange Pillow](#)
- [11 Tote Bag](#)
- [12 Lined Apron](#)